



## Engaging. Inspiring. And Real.

Sarah Levitt is an executive coach and keynote speaker who helps senior executives and their organizations overcome obstacles, enhance team performance, and reach their greatest potential. Described as engaging, inspiring, and real, Sarah is known for high content, thought-provoking, interactive keynotes and workshops that transform audiences and leave lasting results for positive change and innovation in both individuals and teams.

*"Awesome!"*  
**Karen Clark**  
Director, Red Hat University  
Sales College

*"Sarah's presentation was engaging, emotional and informative, and the entire audience was leaning in and hanging on to her words. It's obvious that she's a master of her domain with a command of the issues."*  
**Todd Jones, SVP/Partner**  
Captrust Financial Advisors

*"My time and sessions with Sarah have been invaluable to me. I came to her thinking I needed to make immediate changes in my life, particularly in my career. Sarah helped me to think about things in a way that had not occurred to me. She helped me sort through and make sense of my scrambled thoughts, the seemingly disconnected paths I was considering (turns out they were not disconnected at all!), and to reflect seriously not only on what I want to do, but what I want to get from it. She showed me that it's not always the "what" you are doing, but the "why" that is important. I discovered a lot about myself through this journey and am now exploring exciting new avenues that I frankly I don't think would have occurred to me when we started. Sarah doesn't give you all the answers... she makes you work hard and dig deep to find them yourself. I find myself using something she has told me all the time - at work, with my children, and in other parts of my life. I can't say enough about how valuable my time with her has been."*  
**LLH, EVP**

## Keynotes:

- Reconnecting with Resilience – Thriving with Change and Transition™
- Reconnecting with Resilience – Creating Optimum Leadership Effectiveness™
- It's Not About the Money - How to Motivate, Mentor, and Manage Great Employees™
- Epic Listening – Building Rapport, Establishing Trust and Creating Influence

## Interactive Workshops:

- Connecting Through Conversation – Mastering the Art of Communication
- Leading From Within – Aligning Strengths and Values with Action
- Reaping the Rewards – Strategies for Creating Well-Being and Life Balance
- The Heart of Innovation – Building High Performing Teams

As seen on  
& featured in:



## Past Clients/Speaking Events:

